The underground network responsible for finding and grooming children for trafficking is a complex and insidious system that operates across various regions, utilizing both physical and digital methods to recruit and exploit vulnerable minors. This network often involves a range of actors, including traffickers, recruiters, groomers, and exploiters, who work together to identify, manipulate, and control children for sexual exploitation, forced labor, and other forms of abuse.

Traffickers often target vulnerable children, including those from marginalized communities, homeless youth, runaways, children in foster care, and children with a history of abuse or neglect. These predators use various methods to gain trust and establish control, including promises of love, employment, or a better life. Social media and online platforms have become significant tools for recruiters who use fake profiles to befriend and lure children.

Once a child is recruited, traffickers employ grooming techniques to desensitize them to exploitation and establish psychological control. This process can involve providing gifts, drugs, or affection, followed by manipulation and threats to ensure compliance. Groomers work to isolate the child from their support network, making them increasingly dependent on their abuser.

After grooming, children are forced into various forms of exploitation. This can include sexual exploitation, where children are sold for sex, or labor trafficking, where they are coerced into working in inhumane conditions. Traffickers use violence, threats, and psychological manipulation to maintain control and prevent escape.

Polaris, a leading organization in combating human trafficking, provides crucial data and insights into the prevalence and dynamics of child trafficking in the United States. The majority of child trafficking cases reported to Polaris involve sex trafficking. In 2020, 79% of reported cases involved sex trafficking, with a notable number of victims being minors. Although less prevalent than sex trafficking, labor trafficking still affects a considerable number of children. Reports indicate that many trafficked children are forced into domestic work, agriculture, and other labor-intensive industries.

Polaris reports a significant increase in online recruitment and exploitation, particularly during the COVID-19 pandemic. Traffickers exploit social media, gaming platforms, and other online spaces to identify and groom children.

Polaris data highlights the urgent need for protective measures and support services for these atrisk groups. Polaris suggests several ways to combat this crisis. The organization urges stakeholders of these vulnerable populations to collaborate. Polaris stresses the need for all stakeholders to communicate with no voice on behalf of this most vulnerable population. : Coordinating efforts among schools, shelters, law enforcement, government agencies, non-profits, and the private sector to create a unified response to child trafficking.